

|           |   |           |                                      |   |                             |
|-----------|---|-----------|--------------------------------------|---|-----------------------------|
| Topic:    | Workplace Wellness                          |           |                                      |   |                             |
| Date:     | 2/14/2018                                   |           |                                      |   |                             |
| Speaker:  | Megan Thompson from Providence              |           |                                      |   |                             |
|           | <b>Today's Topic</b>                        |           | <b>Today's Presenter</b>             |   | <b>Comments for Speaker</b> |
| Fair      | 0   | Fair      | 1                                    | Scattered sentence structure, phasing, tone of voice, difficult to understand   |                             |
| Good      | 2   | Good      | 6                                    | So many great ideas!  |                             |
| Excellent | 8   | Excellent | 3                                    | Take questions during the presentation-that makes it more interactive.<br>Thank you! This was an interesting topic with a wealth of informatio. More specific examples would be appreciated!  |                             |
|           |   |           |                                      |   |                             |
|           | <b>Relevancy to current position</b>        |           | <b>Applicability to development</b>  |   | <b>Take Aways</b>           |
| Fair      | 0   | Fair      | 0                                    | Expand our wellness program   |                             |
| Good      | 5   | Good      | 4                                    | While we don't have an official wellness program, we actually do a lot related to holistic wellness.  |                             |
| Excellent | 7   | Excellent | 7                                    | New ways of presenting wellness programs<br>I'm a librarian and we think of ourselves as nourishing the whole person through books, art and workshops. This gave me many ideas for what the community might value.<br>As our office is currently working on wellness, many great ideas and resources to consider. |                             |
|           | <b>Quality of info presented</b>            |           | <b>Quality/organization handouts</b> |   |                             |
| Fair      | 0   | Fair      | 4                                    | Great ideas on implementing wellness program and resources.   |                             |
| Good      | 6   | Good      | 3                                    |   |                             |
| Excellent | 3   | Excellent | 0                                    |   |                             |
|           |   |           | NA                                   | 0   |                             |
|           | <b>Did you learn anything new</b>           |           |                                      |   |                             |
| Yes       | 9   |           |                                      |   |                             |
| No        | 0   |           |                                      |   |                             |
|           |   |           |                                      |   |                             |
|           | <b>Quality of meeting facility</b>          |           | <b>Quality of Food</b>               |   | <b>Comments</b>             |
| Fair      | 0   | Fair      | 1                                    | Thanks for the tea! Round tables please!  |                             |
| Good      | 3   | Good      | 2                                    |   |                             |
| Excellent | 7   | Excellent | 2                                    |   |                             |
|           |   |           | NA                                   |   |                             |
|           |   |           |                                      |   |                             |
|           | <b>Future topic/presenter suggestions</b>   |           |                                      |   |                             |
|           | Succession planning                         |           |                                      |   |                             |
|           | Job Descriptions/Job Analysis/Comp programs |           |                                      |   |                             |
|           | Employee Retention                          |           |                                      |   |                             |
|           | HR Best Practices                           |           |                                      |   |                             |